Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Sunday 14 May 2023 until 23:59 on Monday 15 May 2023

Forecast Issued on Saturday 13 May 2023 at 11:17 by Met Office Aberdeen

Confidence: High for rain for a time Sunday, also for a scattering of showers Monday and Tuesday. Lowering for detail thereafter.

Headline for Sunday 14 May 2023: Rain and snow early Sunday, clearing to scattered showers and brighter spells soon. Strong summit winds early. Freezing level lowering.

Mountain weather hazards on Sunday 14 May 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Low Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Light rain	Light rain	Light rain	Sunny intervals	Sunny intervals	Sunny intervals	Light rain showers
Precipitation probability							
30%	60%	80%	60%	10%	20%	20%	30%

Forecast for Sunday 14 May 2023

Weather: Increasingly overcast overnight with occasional light to moderate rain, most persistent in the west. Cloudy with occasional rain at first, turning to snow above around 1000m mid-morning, before clearing to brighter spells and only a scattering of light showers from late morning. Showers continuing through the rest of the day, building a little during the evening, with snow level edging down to 700m during the evening.

Chance of cloud-free hill tops above 800m: 20% becoming 80-90% from late morning

Low cloud and visibility: Good or very good becoming moderate or poor in rain, very poor in snow and within cloud with bases extensive from 600m early, then infrequently so later, mainly as showers push through.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 14 May 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	36/44 SW	34/43 SW	16/23 W	14/20 W	15/22 W	15/23 W	16/23 W	15/21 W	15/21 W
900	32/41 SW	31/40 SW	15/22 W	13/19 W	15/22 W	15/22 W	16/24 W	14/20 W	15/20 W
600	23/31 SW	22/31 SW	12/18 W	11/16 W	12/19 W	12/20 W	13/20 W	10/16 W	9/15 W
300	5/28 SW	6/28 SW	6/19 W	5/16 W	7/19 W	7/19 W	8/20 W	5/16 W	4/15 W
Glen	11/24 SW	11/23 SW	8/16 W	4/10 W	9/16 W	10/18 W	11/20 W	8/15 W	6/12 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/-1	4/-2	4/-1	2/-3	3/-2	3/-2	1/-4	0/-5	-1/-6
900	6/0	5/-1	4/-0	3/-2	4/-1	3/-1	2/-3	1/-4	-0/-5
600	8/4	7/3	6/3	5/2	6/2	6/2	5/1	3/-0	2/-1
300	11/10	9/8	8/7	8/6	10/8	9/8	8/6	6/4	4/3
Glen	13/11	12/10	10/9	10/9	12/10	12/10	10/8	8/7	7/6
Freezing Level*	1700m	1800m	1900m	1300m	1200m	1100m	1000m	1000m	900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Hill fog extensive at first, particularly in west.

Forecast for Monday 15 May 2023
Weather: A mix of sunshine and showers with outbreaks occasional and heavier during the morning, then light and increasingly isolated for the afternoon and evening. Snow level 700-800m.

Maximum wind: West to northwest 15-20 mph

Chance of cloud-free hill tops above 800m: 80-90%

Low cloud and visibility: Good or very good becoming moderate or poor in rain showers, very poor in snow and within cloud with bases infrequently lowering 600m as showers push through.

Temperature: **Glens:** Plus 3 Celsius increasing 13 Celsius for the afternoon
At 800m: Plus 1-3 Celsius
Freezing level: 900-1000m

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